

TWO-DAY WORKSHOPS INCLUDE:

- fresh and exciting look at the wonders of the brain and what can go wrong
- current understanding about PTSD
- biological AND psychological damage
- when talking therapies are not appropriate and why
- treating holistically - brain, body and beliefs
- exploration of the concept of institutional abuse
- assassination of the spirit
- the nature of an abuser
- understanding canon law
- fear-based enabling and facilitation of abusers
- connection and empowerment

**CALL +44 1926 311 912 OR
EMAIL INFO@SMART-UK.COM**

FOR COSTS AND AVAILABILITY

WWW.SURVIVORSVOICE-EUROPE.ORG
WWW.SMART-UK.COM

All SMART UK courses continue to be highly-sought after. SMART UK have trained in the region 8500 healthcare professionals in the field of addiction, trauma and mental health.

SMART UK specialist training courses are focused specifically on Survivors of clergy abuse, because we believe that they have a unique spectrum of issues particular to their experiences.



Courses are available for healthcare professionals and for Survivors themselves to gain understanding about this very complex subject. Discover more about how to support and to nurture clarity, empowerment and connection for Survivors themselves.



Survivors Voice Europe is an international community of men and women who were abused by catholic clergy in their childhood, and despite suffering the worst betrayal of body and trust, have found that in connecting with each other and sharing their experience, strength and hope, they can soar above their abusers and find empowerment.

Enough!
SurvivorsVoice.Org

All childhood abuse is a criminal travesty and the effects and ramifications are wide-reaching across families, communities and even through generations. It pervades our individual and global conscience as a crime against the very nature of the human condition - but what are the long-term effects on a survivor of abuse?

How are survivors REALLY affected?

**What effect does trauma of this nature have on an individual?
Psychologically and biologically?**

BRAINS, BOMBS & BADDIES



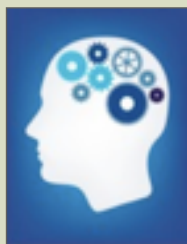
A collaborative project of



Why the brain?

The brain is the most complex structure in the known universe. It has allowed our species to fly spacecraft to the ends of the galaxy, alter the genetic code to change the course of evolution, create beautiful art and music. It is made up of 1,000,000,000,000 neurons and at least as many other cell types that help the brain to function. These cell types communicate with each other such that the number of possible connections in a single human brain outnumber the total number of atomic particles in the known universe.

The major pathways and functional units of the brain are under genetic control and are formed before birth; however synaptic connections are shaped and sculpted by individual experience, forming the structural basis for memory and learned behaviour. The brain's machinery controls our basic drives threat avoidance, breathing, heart rate, sleep and hunger - all essential for our survival. Every emotion we feel, every thought we have, spring from the workings of the brain. Techniques such as neuroimaging provide a window on the mind, revolutionising the study of the brain and enhancing our understanding of what it is to be human.



In this course we shall explore how it is that the effects of abuse can shape our thoughts, feelings, behaviours and consequently the essence of who we are.



Courses available throughout the year and in a variety of locations across Europe and the USA

Our teaching team have a diverse expertise and share a background in neuroscience, addiction, PTSD, counselling and personal experience and are now offering an exciting and informative look at the brain and the long-term effects that clergy sexual abuse and PTSD have on, what is often still a developing brain. **Hence our course title, because it does not really matter whether the damage has been caused by bombs or baddies: the effects are**



Sue Cox BSc(Hons) Lic.Ac. M.B.Ac.C is Director of SMART UK and one of the founders of Survivors Voice Europe. Award-winning pioneer in the field of addiction and published author on neuroscience and acupuncture for addiction. Sue is a traditional Acupuncturist, a long-standing member of the British Acupuncture Council and counsellor. As a survivor herself of catholic clergy abuse, Sue has now created the Brains, Bombs and Baddies courses. Her passion is for the highest educational and professional standards amongst those working with survivors and vulnerable client groups and her focus is to empower those criminally, cynically and cruelly robbed of their potential.

Wing Commander Doctor Krishna Rawal is a Military Doctor and Acupuncturist with a particular understanding of PTSD, the long term effects on individuals, families and the wider community. Currently serving as a Royal Air Force GP he is delighted to have introduced auricular acupuncture into the military environment for stressed individuals in high pressure jobs. Qualified in 1990 from Guys Medical School, he has travelled extensively in his military capacity and seen across the board the real effects of PTSD and trauma. Krishna offers a unique insight into this field, with a passionate interest in treating patients holistically and the belief that wellness is possible.



Kim Wager, MSc. BSc. (Hons.) Dip.CHM Lic.Ac. M.S.B holds a masters degree in neuroscience from King's College and has obtained professional qualifications in acupuncture and Chinese herbal medicine. He has worked previously as a university lecturer in anatomy, physiology and pathology. He is now a doctoral researcher in neuroscience, exploring the molecular genetics of neurodegeneration. Kim's expertise helps SMART UK and Survivor's Voice to understand the effects of traumatic events and addictive behaviours upon both the developing and adult brain.

Louise Rooney MBACP is a CBT counsellor and SMART UK ethics and standards tutor. Louise has worked with a variety of client groups, in particular survivors of undisclosed sexual abuse, those affected by another's addiction and codependency. Additional qualifications in social science and quality systems, Louise believes that everyone has a right to the highest standards in care, therapy, education and justice. She offers a gentle yet empowering teaching style for survivors and training candidates alike.

